WEEK 1	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ΜΑΙΝ ΔΙΣΗ	Mac n Cheese Monday	Chicken Curry served with rice & naan bread	Home Roast of the day with potatoes and rich gravy	Creamy tomato pasta with garlic bread	FRIDAY FAVOURITES Chicken nuggets Sausages
Μαιν διση 2	Italian pizza served with potato wedges	Selection of filled rolls Served with salad	Fish fingers	BBQ chicken wraps With jewelled rice	Battered fillet of fish
AXXOMΠANIMENTΣ	Garden pes Baked beans Salad Bar	Sweetcorn Salad Bar	Broccoli florets Baton carrots Salad bar	Garden peas Baked beans Salad Bar	Served with chunky chips peas or beans Salad bar
ΔΕΣΣΕΡΤΣ	Homemade shortbread	Fruity flapjack	Homemade tray bake	Cheese and crackers	Dessert of the day
ΦΡΕΣΗ ΦΡΥΙΤ ορ ΨΟΓΗΥΡΤ	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
θαχκετ ποτατο ανδ σανδωιχη σελεχτιον	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Fuel your afternoon with a healthy school lunch from Mellors









